

## PIKE 2023 INDIVIDUAL CHAMPIONSHIPS\* @ UINDY

Hosted by Pike High School

*\*There will be no relay events at this meet, but athletes may still qualify for HSR Finals in individual events.*

Saturday, March 11<sup>th</sup>, 2023

10:00AM @ UINDY's Indoor Track

### **Facility:**

UINDY's ARC facility was completed in 2011 and was used as a practice site for the Giants in Super bowl XLVI. Once the turf was removed, it was replaced with Acer surface (comparable to Mondo). This facility includes 8 lanes for short sprints/hurdles and 6 lanes for oval events. It includes 2 long jump runways, 1 pole vault runway, 1 high jump area and 1 throwing area (throws will take place off a wooden platform).

### **Team Area:**

Located outside of the track there is a large area that still has turf (approximately 50 yards in length and 20 yards wide). All teams will camp in this area. This will leave almost the entire infield open for warm-ups. Thank you for your help in respecting trash pickup and managing your athletes at UINDY.

### **General Info:**

- Starting blocks will be provided by UINDY (Please do not bring your own starting blocks).
- All shot puts will be provided for this meet (outside shots will **not** be allowed during this competition).
- ¼ inch Pyramid spikes only (**PLEASE NO CHRISTMAS TREE SPIKES**)

### **Entry Fee:**

**Entry fee is \$8.00 per event.** Unlimited entries per school allowed but certain events may close early if numbers are excessive. If planning or wishing to bring an extraordinary number of athletes, please contact Tim Richey at [TRichey@pike.k12.in.us](mailto:TRichey@pike.k12.in.us) for specific (fair) arrangements.

**Your school will be invoiced FOLLOWING the meet based on the number of event entries in Direct Athletics.**

**Please only enter athletes who will participate as you will be invoiced for all entries. Invoices will be sent on Monday, March 13<sup>th</sup>.** Checks should be made payable to Pike High School.

Please mail check to the following address no later than **Friday, March 31<sup>st</sup>, 2023:**

Pike High School  
ATTN: Kendra Champion-McAloon, Athletic Department  
5401 West 71<sup>st</sup> Street  
Indianapolis, IN 46268

**DO NOT SEND PAYMENT TO THE UNIVERSITY OF INDIANAPOLIS!**

**IF YOU ARE INTERESTED IN SENDING INDIVIDUALS TO THIS MEET, PLEASE FOLLOW THE STEPS BELOW:**

1. A school's Athletic Director should email Kendra Champion-McAloon ([kchampion@pike.k12.in.us](mailto:kchampion@pike.k12.in.us)), Pike High School Athletic Director, to inquire about availability in the meet.
2. Kendra will send a contract to the school's Athletic Director.
3. The Athletic Director should sign and return the contract ASAP. This will secure the school's participation in the meet.
4. Your school will be invoiced for your total entry fee based on the entries in Direct Athletics on meet day. The invoice will be sent to the AD on March 13<sup>th</sup>, 2023. Entry fee calculation = # Entries X \$8.00.  
**Payment will be due by Friday, March 31<sup>st</sup>, 2023.**

### **Entries:**

Entries are to be made through [www.directathletics.com](http://www.directathletics.com).

**Entries open on February 24<sup>th</sup>, 2023 and must be submitted by March 8<sup>th</sup>, 2023 @ 12:00am.**

Heat and flight sheets will be emailed out as soon as they are completed (most likely not until the afternoon on Friday). **Please make sure seed times are accurate. It is only fair if we are all honest.**

**PLEASE LET YOUR ATHLETES SEE HEAT & FLIGHT SHEETS ON THE BUS!**

### **Scratches:**

Please do your best to make sure your entries are correct. The more changes we have to make on the day of the meet, the less likely we will be to start on time. The likelihood of mistakes in timing will also increase. We will have scratch sheets available upon arrival. Please take care of this ASAP.

### **Order of running events: (Boys followed by girls)**

- 60 Meter Hurdle Prelims
- 60 Meter Dash Prelims
- 3200 Meter Run (1 RACE FOR EACH GENDER – 18 ATHLETE LIMIT)
- 60 Meter Hurdle Finals (Top 8 athletes)
- 60 Meter Dash Finals (Top 8 athletes)
- 800 Meter Run
- 400 Meter Dash
- 1600 Meter Run
- 200 Meter Dash
- Mixed Shuttle Hurdle Relay (Combined – 2 girls @ 33" & 2 boys @ 39")

### **Field Events: **MAXIMUM OF 27 COMPETITORS****

**Pole Vault** Boys and girls will jump simultaneously on separate pits. No more than 27 jumpers.

**High Jump** Girls first with boys to follow. Highest seed jumps last.  
We will use 5-alive. No more than 27 jumpers.

**Shot Put** Boys first with girls to follow. Top 9 athletes will make finals.  
Minimum Measured Throws: B-35'0"/G-30'0". No more than 27 throwers.

**Long Jump** Boys and girls will jump at the same time into different pits.  
Girls who jump over 14'6" will get 3 extra jumps. Boys who jump over 19'6" will get 3 extra jumps.  
Athletes will JUMP IN FLIGHTS – NOT cafeteria style. No more than 27 jumpers.

### **Opening Heights:**

Note: this is a qualifying meet for the HSR. Opening heights are set to help those athletes trying to achieve the qualifying marks. If you know that your athletes do not have a chance to clear the opening heights, please do not enter them into this meet!

Pole Vault: Girls 8-0 with 6" increments until 1 jumper  
Boys 11-0 with 6" increments until 1 jumper

High Jump: Girls 4' 6" with 2" increments until 1 jumper  
Boys 5' 8" with 2" increments until 1 jumper

### **Distance Races:**

We will have a split sheet for all distance coaches to fill out to avoid any errors in timing (or kids not running enough laps). Please be sure to have one of your coaches counting laps for the distance runners and relay teams. All split sheets will be turned in at the timing table at the conclusion of the event.

Hoosier State Relays Finals information is available on the [www.iatccc.org](http://www.iatccc.org) website.

Thank you for your interest in the Pike High School / UINDY Track meet series.

Saturday, March 4<sup>th</sup> @ 10:00am HSR Format  
Saturday, March 11<sup>th</sup> @ 10:00am Open Events Championships  
Saturday, March 18<sup>th</sup> @ 10:00am HSR Format

Questions: [TRichey@pike.k12.in.us](mailto:TRichey@pike.k12.in.us)  
[KChampion@pike.k12.in.us](mailto:KChampion@pike.k12.in.us)

**ADDITIONAL GUIDANCE WILL BE RELEASED THROUGH DIRECT ATHLETICS A WEEK PRIOR TO THE MEET.**