# RED DEVIL LAST CHANCE HSR QUALIFIER #3 @ UINDY Hosted by Pike High School Saturday, March 18th, 2023 10:00AM @ UINDY's Indoor Track

# **Facility:**

UINDY's ARC facility was completed in 2011 and was used as a practice site for the Giants in Super bowl XLVI. Once the turf was removed, it was replaced with Acer surface (comparable to Mondo). This facility includes 8 lanes for short sprints/hurdles and 6 lanes for oval events. It includes 2 long jump runways, 1 pole vault runway, 1 high jump area and 1 throwing area (throws will take place off a wooden platform).

#### **Team Area:**

Located outside of the track there is a large area that still has turf (approximately 50 yards in length and 20 yards wide). All teams will camp in this area. This will leave almost the entire infield open for warm-ups.

# **General Info:**

- Starting blocks will be provided by UNIDY (Please do not bring your own starting blocks).
- All shot puts will be provided for this meet (outside shots will <u>not</u> be allowed during this competition)
- ¼ inch Pyramid spikes only (<u>PLEASE NO CHRISTMAS TREE SPIKES</u>)

### **Entry Fee:**

Cost is \$175.00 per gender or \$325.00 for boys and girls combined.

Checks should be made payable to Pike High School and must be received by Friday, March 3<sup>rd</sup>, 2023.

If checks have not been received, teams will be unable to participate. Please mail check to the following address:

Pike High School ATTN: Kendra Champion-McAloon, Athletic Department 5401 West 71<sup>st</sup> Street Indianapolis, IN 46268

# DO NOT SEND PAYMENT TO THE UNIVERSITY OF INDIANAPOLIS!

Teams will be decided on a first come, first serve basis. Approximately 22 teams of each gender will be allowed into the meet. Once space is filled, we will create a "wait list".

- 1. A school's Athletic Director should email Kendra Champion-McAloon (<a href="kchampio@pike.k12.in.us">kchampio@pike.k12.in.us</a>), Pike High School Athletic Director, to inquire about availability in the meet.
- 2. Kendra will send a contract to the school's Athletic Director.
- 3. The Athletic Director should sign and return the contract and send payment immediately. This will secure the school's participation in the meet. An invitation will follow on Direct Athletics.
- 4. If contract and payment are not received by **Friday, March 3<sup>rd</sup>, 2023**, we will add any teams that are on the "wait" list.

#### **Entries:**

Entries are to be made through www.directathletics.com.

### Entries open on February 28th, 2023 and must be submitted by March 15th, 2023 @ 12:00am.

You may enter up to 8 athletes per relay (4 will compete) and 2 individuals for individual events. Heat and flight sheets will be emailed out as soon as they are completed (most likely not until the afternoon on Friday). PLEASE LET YOUR ATHLETES SEE THESE ON THE BUS!!

#### **Scratches:**

Please do your best to make sure your entries are correct. The more changes we have to make on the day of the meet, the less likely we will be to start on time. The likelihood of mistakes in timing will also increase. We will have scratch sheets available upon arrival. Please take care of this ASAP.

### Order of running events: (Boys followed by girls)

- 60 Meter Hurdle Prelims
- 60 Meter Dash Prelims
- 3200 Meter Run
- 60 Meter Hurdle Finals (Top 8 athletes)
- 60 Meter Dash Finals (Top 8 athletes)
- 4 x 800 Meter Relay
- 4 x 200 Meter Relay
- Distance Medley Relay (1200,400,800,1600)
- 4 x 400 Meter Relay
- Mixed Shuttle Hurdle Relay (Combined 2 girls @ 33" & 2 boys @ 39")

#### **Field Events:**

**Pole Vault** Boys and girls will jump simultaneously on separate pits.

**High Jump** Girls first with boys to follow.

**Shot Put** Boys first, followed by girls (top 9 athletes will make finals)\*

Minimum Measured B-34' / G-28'

**Long Jump** Boys and girls will jump at the same time into different pits.

Girls who jump over 14'9" will get 3 extra jumps. Boys who jump over 19'6" will get 3 extra jumps.

Athletes will JUMP IN FLIGHTS - NOT cafeteria style.\*

### **Opening Heights:**

Note: this is a qualifying meet for the HSR. Opening heights are set to help those athletes trying to achieve the qualifying marks. If you know that your athletes do not have a chance to clear the opening heights, please do not enter them into this meet!

Pole Vault: Girls 7-0 with 6" increments to 9' and 3" increments thereafter.

Boys 10-0 with 6" increments to 12' and 3" increments thereafter.

High Jump: Girls 4' 4" with 2" increments to 5' (1" increments above 5')

Boys 5' 4" with 2" increments to 6' (1" increments above 6')

### **Distance Races:**

We will have a split sheet for all distance coaches to fill out to avoid any errors in timing (or kids not running enough laps). Please be sure to have one of your coaches counting laps for the distance runners and relay teams. All split sheets will be turned in at the timing table at the conclusion of the event.

Hoosier State Relays Finals information is available on the www.iatccc.org website.

Thank you for your interest in the Pike High School / UINDY Track meet series.

Saturday, March 4th @ 10:00am HSR Format

Saturday, March 11th @ 10:00am Open Events Championships

Saturday, March 18th @ 10:00am HSR Format

Questions: TRichey@pike.k12.in.us

KChampio@pike.k12.in.us

ADDITIONAL GUIDANCE WILL BE RELEASED THROUGH DIRECT ATHLETICS A WEEK PRIOR TO THE MEET.

<sup>\*</sup>This could be tweaked based on number of competitors – may go to 4 throws/jumps depending on numbers. This information will be released PRIOR to the start of the meet.