

**Warren HSR Qualifier Series**  
**Contested at the Athletic Recreational Center – University of Indianapolis**  
**Hosted by Warren Central High School Athletics**

**Facility**

Located on the University of Indianapolis campus, the Athletic Recreational Center (ARC) has eight lanes for short sprints and hurdles, six oval lanes for distance events, and relays. The facility also has two long jump runways, two pole vault runways, a high jump area, and netted throwing area.

**Entries**

Entries must be submitted through Direct Athletics – [www.directathletics.com](http://www.directathletics.com). Coaches can enter 3 athletes in the 60-meter dash, 60-meter hurdles, and 3200-meter run. Coaches will be limited to 2 athletes in ALL field events and 1 relay team (4x200m, 4x400m, 4x800m, and Distance Medley). The performance list and start list will be available on the day of the competition,

**Entry Deadlines**

**Wednesday, March 8, 2023** – Warren Central Qualifier #1 – deadline for entries is **Tuesday, March 7, 2023, at 7:59pm**  
**Wednesday, March 15, 2023** – Warren Central Qualifier #2 – deadline for entries is **Tuesday, March 14, 2023, at 7:59pm**

**Entry Fees**

The entry fee is \$150 per gender, \$300 for boys and girls combined. Checks should be made payable to **Warren Central High School Athletics** and received no later than March 17, 2023. Please mail checks to the following address:

Warren Central High School  
Attn.: Michelle Shuffitt, Athletic Department  
9500 East 16<sup>th</sup> Street  
Indianapolis, IN 46229

Running Event Schedule

60-meter hurdle prelims	Boys, then Girls	Top 8 advances
60-meter dash prelims	Boys, then Girls	Top 8 advances
3200-meter run	Boys, then Girls	
60-meter hurdle finals	Girls, then Boys	
60-meter dash finals	Girls, then Boys	
4x800-meter relays	Boys, then Girls	
4x200-meter relays	Boys, then Girls	
DMR (1200/400/800/1600)	Boys, then Girls	
4x400-meter relays	Boys, then Girls	

Field Events

Pole Vault	Girls, then Boys	
Long Jump	Girls, then Boys	4 attempts per athlete
Shot Put	Girls, then Boys	4 attempts per athlete
High Jump	Boys, then Girls	

**Scratches**

Scratches will be accepted at the scorer's table prior to the start of the competition. Meet management will only make change names if an athlete qualifies for the HSR Finals. Coaches must contact meet management prior to the conclusion of the meet.

## Opening heights

This is a qualifying meet for the HSR Championships, opening heights are setup to help those athletes trying to achieve the qualifying mark. If you have a developing athlete who doesn't have a chance to make opening height, please do not enter them

Pole Vault: Girls starting height is 7-0 with 6-inch increments to 9-6 then 3-inch increments  
Boys starting height 10-6 with 6-inch increments to 12-6 then 3-inch increments

High Jump: Girls starting height is 4-6 with 2-inch increments to 5-0 then 1-inch increments  
Boys starting height is 5-6 with 2-inch increments to 6-2 then 1-inch increments

Hoosier State Relay Finals information is available at [www.iatccc.org](http://www.iatccc.org)

## General Information

- Starting blocks will be provided by meet management (Please do not bring starting blocks)
- Shot Puts will be certified prior to competition at the table adjacent to the throwing net
- **¼ inch pyramid spikes only** (PLEASE NO CHRISTMAS TREE SPIKES)
- Team Camps will be set up on the turf field adjacent to the throwing net
- All results will be available through Live Results – QR Codes will be posted throughout the venue.

## Admission and Concession

Adults: \$10.00

Children (2-12) \$5.00

Seniors (62) \$8.00

Concession will be available until 8:00 p.m.

## Contact Information

Lauren Hughes, Assistant Athletic Director, [lhughes@warren.k12.in.us](mailto:lhughes@warren.k12.in.us), (317) 378-0833

Giles Davis, Head Boys Track & Field Coach, [gdavis@warren.k12.in.us](mailto:gdavis@warren.k12.in.us), (317) 658-8420

Legretta Smith, Head Girls Track & Field Coach, [smith19@warren.k12.in.us](mailto:smith19@warren.k12.in.us), (317) 445-6139