

# Trine University Track & Field

HSR Qualifier #3  
*Friday, March 15, 2024*

ARC opens at 3:30 PM  
Coaches meeting at 5:00 PM  
Meet starts at 5:30 PM

## General Admission

\$5

## Entry Procedures

**NEW THIS YEAR**

**TEAM MUST BE ACCEPTED TO THIS MEET. IF YOU WISH TO ATTEND, please contact Josh Fletcher at [fletcherj@trine.edu](mailto:fletcherj@trine.edu) or 260.243.2663.**

Once accepted, you will receive an invitation on directathletics.com.

**ABSOLUTELY NO WALK UP OR SAME DAY REGISTRATION!**

All entries must be submitted to Direct Athletics by Wednesday at 11:59 PM

**Heat sheets will be available at [trine.edu](http://trine.edu) by 2:00 PM on Thursday**

Up to *two* individual entries from the same team per event

Up to *one* relay entries from the same team per event

## Team Entry Fees

\$40 Individual athletes  
\$120 Relay (only if you plan to just run a relay?)  
\$200 Per team  
\$400 Both teams

## ***Make checks payable to***

Trine University  
Attn: Josh Fletcher, Track and Field  
One University Ave  
Angola, IN 46703

**\*PLEASE DO NOT SEND OR MAKE CHECK TO ANGOLA HIGH SCHOOL**

\*CONTRACTS ARE AVAILBLE AT TRINE.EDU <https://www.trinethunder.com/sports/mtrack/hsmeets>

\*PLEASE HAVE CONTRACT AND PAYMENT SEND AT LEAST ONE WEEK PRIOR TO ENTRY DEADLINE

\*IF THE CONTRACT AND PAYMENT ARE NOT RECEIVED PRIOR TO THE MEET YOUR TEAM WILL BE OMITTED FROM COMPETITION.

### **Field Event Schedule**

5:30 PM	Boys Shot Put (Girls to follow)	*3 attempts and no finals
5:30 PM	Girls High Jump (Boys to follow)	
5:30 PM	Boys Long Jump (Girls to follow)	*1.5 hours open pit per gender *3 attempts, no finals
5:30 PM	Girls Pole Vault (Boys to follow)	

### **Running Event Schedule**

(Girls will compete 1st in all running events. We will use a rolling time schedule.)

5:30 PM	3200m Run
	60m Hurdle finals
	60m Dash finals
	4x 800m Relay
	4x 200m Relay
	DMR (1200, 400, 800, 1600)
	4x400m Relay

### **Scratches**

Upon arrival, they can be made to the head timer at the finish line. Name changes will be made at this time.

### **Opening Heights & Increments**

Pole Vault	8'0" girls (6" increments until 9'6", then 3")	<i>max number of 20 entries</i>
	11'0" boys (6" increments until 12'6", then 3")	<i>max number of 20 entries</i>
High Jump	4'8" girls (2" increments until 5'0", then 1")	<i>max number of 20 entries</i>
	5'8" boys (2" increments until 6'0", then 1")	<i>max number of 20 entries</i>

### **Minimum Marks for Measurement**

Long Jump	14'0" girls	<i>3 attempts and no finals</i>
	18'0" boys	
Shot Put	25'0" girls	<i>3 attempts and no finals</i>
	35'0" boys	

**\*Concessions & T-shirts will be available to purchase.**

**\*1/4 inch pyramid spikes will be allowed.**

**\*Starting blocks will be provided by Trine University and no outside blocks will be permitted.**

**\*Shots will need to be weighed in upon arrival at the competition site.**

**\*NO FOOD OR DRINK allowed in the ARC – only water.**

**\*Team camps will be in the east and west gyms and Ketner in Hershey Hall. No team camps in the ARC.**

**\*No spikes are to be worn outside of the track (ARC) surface.**

*A separate finals fee will be required if you have athletes qualifying for the HSR State Finals @ The Fall Creek Pavilion (Individuals-\$10.00 per Individual, Relays-40.00). The performance deadline is midnight, Sunday, March 19 and fees must be paid for your athletes to be entered in the finals at The Fall Creek Pavilion on Saturday March 23, 2024. Schedule - 1A, 2A, 3A starts at 9:30 am and 4A, 5A, 6A begins at 4:30 pm.*

### **Questions?**

Please contact Josh Fletcher at [fletcherj@trine.edu](mailto:fletcherj@trine.edu) or 260.243.2663