Warren HSR Qualifier Series Contested at the Athletic Recreational Center – University of Indianapolis Hosted by Warren Central High School Athletics

Facility

Located on the University of Indianapolis campus, the Athletic Recreational Center (ARC) has eight lanes for short sprints and hurdles, six oval lanes for distance events, and relays. The facility also has two long jump runways, two pole vault runways, a high jump area, and a netted throwing area.

Entries

Entries must be submitted through Direct Athletics – <u>www.directathletics.com</u>. Coaches can enter 3 athletes in the 60meter dash, 60-meter hurdles, and 3200-meter run. Coaches will be limited to 2 athletes in ALL field events and 1 relay team (4x200m, 4x400m, 4x800m, and Distance Medley). The performance list and start list will be available on the day of the competition,

Entry Deadlines

Wednesday, March 6, 2024 – Warren Central Qualifier #1 – deadline for entries is Tuesday, March 5, 2024, at 7:59pm Wednesday, March 13, 2024 – Warren Central Qualifier #2 – deadline for entries is Tuesday, March 12, 2024, at 7:59pm

Entry Fees

The entry fee is \$150 per gender, \$300 for boys and girls combined. Checks should be made payable to **Warren Central High School Athletics** and received no later than March 15, 2024. Please mail checks to the following address:

Warren Central High School Attn.: Yolanda Vargas, Athletic Department 9500 East 16th Street Indianapolis, IN 46229

Running Event Schedule

60-meter hurdle prelims 60-meter dash prelims 3200-meter run 60-meter hurdle finals 60-meter dash finals 4x800-meter relays 4x200-meter relays DMR (1200/400/800/1600) 4x400-meter relays	Boys, then Girls Boys, then Girls Boys, then Girls Girls, then Boys Girls, then Boys Boys, then Girls Boys, then Girls Boys, then Girls	Top 8 advances Top 8 advances
<u>Field Events</u> Pole Vault Long Jump Shot Put High Jump	Girls, then Boys Girls, then Boys Girls, then Boys Boys, then Girls	4 attempts per athlete 4 attempts per athlete

Scratches

Scratches will be accepted at the scorer's table before the start of the competition. Meet management will only make change names if an athlete qualifies for the HSR Finals. Coaches must contact meet management before the conclusion of the meet.

Opening heights

This is a qualifying meet for the HSR Championships, opening heights are set to help those athletes trying to achieve the qualifying mark. If you have a developing athlete who doesn't have a chance to make opening height, please do not enter them

- Pole Vault:Girls starting height is 7-0 with 6-inch increments to 9-6 then 3-inch incrementsBoys starting height 10-6 with 6-inch increments to 12-6 then 3-inch increments
- High Jump:Girls starting height is 4-6 with 2-inch increments to 5-0 then 1-inch incrementsBoys starting height is 5-6 with 2-inch increments to 6-2 then 1-inch increments

Hoosier State Relay Finals information is available at <u>www.iatccc.org</u>

General Information

- Starting blocks will be provided by meet management (Please do not bring starting blocks)
- Shot Puts will be certified before competition at the table adjacent to the throwing net
- ¼ inch pyramid spikes only (PLEASE NO CHRISTMAS TREE SPIKES)
- Team Camps will be set up on the turf field adjacent to the throwing net
- All results will be available through Live Results QR Codes will be posted throughout the venue.

Admission and Concession

Adults: \$10.00 Children (2-12) \$5.00 Seniors (62) \$8.00 Concession will be available until 8:00 p.m.

Contact Information

Lauren Hughes, Assistant Athletic Director, <u>lhughes@warren.k12.in.us</u>, (317) 378-0833 Giles Davis, Head Boys Track & Field Coach, <u>gdavis@warren.k12.in.us</u>, (317) 658-8420 Legretta Smith, Head Girls Track & Field Coach, <u>lsmith19@warren.k12.in.us</u>, (317) 445-6139

