# **3rd Annual Portage Field Event** HSR Qualifying Meet

Date: Saturday March 14<sup>th</sup>, 2024

Time: 9:00 A.M. (Central Time)

**Location: Portage High School Fieldhouse** 

Cost: \$6 per individual entry

\$100 team max





For Meet Information & Contracts, Email:

# Nicholas.haas@portage.k12.in.us



#### Portage Field Event HSR Qualifier Meet - Coaches Information

#### Facility and Runways

- 6 lanes, 42" wide. Super Mondo. Spikes permitted.
- Interior Courts all-purpose Mondo. No spikes allowed.

#### Meet Registration

- Registration will be on Direct Athletics from February 1<sup>st</sup> March 13<sup>th</sup> at 10 PM.
- Seed marks are required in Direct Athletics for all events.
- Scratches only are accepted day of meet. Substitutions are permitted, but NO additions day of meet.

#### Entry Fees

- \$6 per Individual event. Max \$100 per team. Make checks payable to: Portage Track Booster Club.
- Please limit entries to 6 max individuals per event .
- Bring payment the day of the meet to compete. (Do not pay Direct Athletics.)
- Invoices will be emailed out by Thursday before meet.

#### Team Entry & Camps

- Teams should enter through school's front entrance "E" in the center section.
- Busses may park in the lot in front of PHS West Building.
- Changing facilities are NOT available.
- Restrooms are available outside the track in the North East and South West Halls.
- Team camps are NOT permitted in the fieldhouse.
- Set up team camps in the Freshman Gymnasium down the hallway from the fieldhouse.

#### Spectator Entry

- Enter school through entrance "D" on south side of building, or entrance "M" on the north side.
- Enter track through southeast doors door of fieldhouse.
- Limited Spectator seating is available. (Consider bringing a camp chair.)
- Athletes are not permitted in paid spectator seating.

#### **Coaches/Officials Meeting**

• Held promptly at 8:30 AM in the garage by the finish line. Review special procedures.

#### **Athletes**

- Fieldhouse warm-ups should take place in lanes 1 & 2 only, or on gray area of backstretch.
- Spikes are only permitted LJ and PV runways only.
- Spikes must be removed following the event.
- Athletes wearing spikes on the basketball courts will be disqualified.

#### Field Events

- Shot puts will be provided. Do <u>not</u> bring your own.
- Shot Put Finals Top 9 from trials.
- High Jump starting heights: Girls 4'04". Boys 5'04".
- Pole Vault starting heights: Girls 6'00", Boys 8'00"".
- Long Jump (4 jumps): 1<sup>st</sup> good jump is measured. Minimum jumps for measurement: Girls 14' 00, Boys 17' 00.

#### Results

• Results will be on Direct Athletics 1 hour after the conclusion of the meet for potential HSR qualifiers.

#### **Concessions**

• Breakfast and lunch items are available.

# PORTAGE FIELD EVENT MEET HSR QUALIFIER

Saturday, March 16<sup>th</sup>, 9:00 AM

# Shot Put- Implements will be provided

Trials and Finals

Trials – minimum of 4 throws, depending on number of competitors

## <u>High Jump</u>

Starting heights determined by coaches before the meet.

Spikes will be permitted

### Long Jump

No finals, 4 jumps per athlete.

### Pole Vault

Girls first, starting height determined by coaches before the meet.