

# HSR Qualifier FW South Side @ Indiana Tech

WARRIOR PARK – 377 E TILLMAN RD. FORT WAYNE, IN

March 5th 2024

**Track:** Beynon 1000 Surface on track and all field runways, turf infield. 6 lanes on oval. 8 lanes on both sprint straights. Blocks will be provided by MWHP Staff.

## **DO NOT BRING YOUR OWN BLOCKS**

**Jumps:** All feature Beynon 1000 surface. Long jump wood board at 6ft.

**Throws:** 2 Wood Circles taking place on Field Turf. Shots will be provided by Facility Staff.

## **DO NOT BRING YOUR OWN SHOT**

**Spikes:** ¼ Pyramid Spikes Permitted. Spikes will be checked at Spike Table and all Jumps areas. Spikes for purchase if needed.

**Cost:** \$200 Per Gender \$400 Both Genders \$25 Individual Athletes \$75 Relay (if only running relay. Makes Checks Payable to Doug Edgar.

**Entry:** All entries will be on DIRECT ATHLETICS. Up to TWO individual entries from the same team per event Up to TWO relay entries from the same team per event

**Warmups:** Can take place in designated turf areas and back stretch of track.

**Admission:** Adults \$10 Kids Under 10 FREE  
**CASH ONLY**

**Concessions:** Food and Drinks available **CASH ONLY**

## **Meet Schedule**

**Field Events: 5:30pm EASTERN TIME**

**Running Events: 5:30pm EASTERN TIME**

## **Order of Events**

### **Field Events**

#### **All Legal Marks will be measured**

Girls Shot (4 attempts) Ring 1

Boys Shot (4 attempts) Ring2

Boys Long Jump-Girls to Follow (4 attempts)

Girls High Jump-Boys to Follow

Girls Pole Vault-Boys to Follow

### **Running Events**

3200m

60mh Finals

60m Finals

4x800m

4x200m

DMR (1200, 400, 800, 1600)

4x400m

### **Starting Heights/Progressions**

Girls HJ: 4-6 (Up 2in until 5-2, then 1in)

Boys HJ: 5-6 (Up 2in until 6-2, then 1in)

Girls PV: 7-0 (Up 6in until 10-0, then 3in)

Boys PV: 10-0 (Up 6in until 13-0, then 3in)



¼ SPIKES ONLY