

**Bulldog Invite - HSR Qualifier – 4A-6A Teams Morning Session**

**Saturday March 15, 2025**

**Held at Indiana Tech Warrior Park – 377 E. Tillman Road, Ft. Wayne, IN 46807**

7:30 a.m. Fieldhouse Opens  
8:15 a.m. Coaches Meeting  
8:50 a.m. National Anthem

**Field Event Schedule:**

9:00 a.m. High Jump (women then men)  
9:00 a.m. Shot Put (women then men) 3 throws  
9:00 a.m. Long Jump (men then women) 3 jumps – mens' warm-up will start at 8:40  
9:00 a.m. Pole Vault (men then women)

**\*Running Event Schedule: (Women first in each event, followed by the men)**

**\*times are estimated, we will follow a rolling schedule a more up to date schedule will be provided when seedings are sent out**

9:00 a.m. 3200 Meter Run  
9:50 a.m. 60 Meter Hurdles – no finals  
10:10 a.m. 60 Meter Dash – no finals  
10:40 a.m. 4X800 Relay  
11:20 a.m. 4X200 Relay  
11:40 a.m. DMR (1200, 400, 800, 1600)  
12:20 p.m. 4X400 Relay

**Entry Fee:** \$200 per gender/\$375 bring both teams  
Make checks out to: **New Haven High School**

**Tickets: \$10.00 – cash only**

**Entries:** Will be done on Direct Athletics  
Look for Bulldog Invite – Morning Session  
3 individuals per event - **exception is the 3200 Meter Run.**  
**3200 Meter Run – each school may enter 2 runners. A school may enter 3 runners if all 3 runners are under 13:00 (girls) or 11:00 (boys)**  
1 relay per school  
Step 1 – Log on to [www.directathletics.com](http://www.directathletics.com)  
Step 2 – Set up your online roster.  
Step 3 – Submit online meet entries by Wednesday March 12th @ **11:59 p.m.**  
Eight Athletes per relay (four compete), three athletes per running event, and three athletes per field event. Athletes and teams entered without times will be placed in the slowest flight(s)/heat(s).

**Entries are due by 11:59 p.m. Wednesday March 12th**

**Don't wait until the last minute to set up your online roster.**

**Seeding:** All races and field events will be seeded, so we ask teams to enter any times for athletes and relays that have competed or put in an estimated seed time or mark.

**Scratches:** Please get scratches to Larry Stemmler at [lstemmler@eacs.k12.in.us](mailto:lstemmler@eacs.k12.in.us) by 7:00pm on Friday March 8<sup>th</sup> so seeding can be accurate for Saturday races. Emergency scratches will be allowed Saturday morning as long as the athlete is being scratched completely from the meet.

**Awards:** All athletes will compete for individual medals for the top 3 individuals and the top 3 relays and ribbons for 4<sup>th</sup> thru 8<sup>th</sup> place for individuals and relays. A team trophy will be given to the top 2 teams.

**Scoring:** **Individual Events:** 10-8-6-5-4-3-2-1 **Relays:** 20-16-12-10-8-6-4-2

**Field Events:** Athletes in the Long Jump and Shot Put will be given 3 attempts only. Athletes in the high jump and pole vault will compete until the event is done.

Girls High Jump Starting Height – 4' 6", up 2" till 5' 4" then 1" thereafter\*

Boys High Jump Starting Height – 5' 4" up 2" till 6' 2" then 1" thereafter\*

Girls Pole Vault Starting Height – 7' 0" up 6" till 10' 0" then 3" thereafter\*

Boys Pole Vault Starting Height – 9' 0" up 6" till 13' 0" then 3" thereafter\*

\* starting heights could be adjusted for 1A-3A schools based on the number of qualifiers for the HSR finals going into this meet.

If you have an athlete in a field event that is also in a running event. The athlete should not leave his or her field event until after the 2<sup>nd</sup> call for his or her running event. Athletes will have 10 minutes after his or her event is finished to report back to their field event.

In the High Jump and Pole Vault, if the athlete is gone when that particular height is completed by every other participant in that event, the bar will be raised and the athlete that is gone will rejoin at the new height and will have the same number attempts left from the height that he or she left at.

In Shot Put, if the section that the athlete was in has completed, we will start the next section and allow that athlete to come back and finish his or her remaining jumps or throws with the current section that is competing.

Only use athletic tape or painter's tape for marks on the floor. Do not use any other tape for marks and remind your athletes to remove their tape marks when they are finished competing.

**Minimum:** Min. Marked Distances for: Long Jump: 14-0 (Girls) 18-0 (Boys) and Shot Put: 25 Ft. (Girls) 35 Ft. (Boys) \*\*\*We will measure the 1st FAIR throw/jump...anything under the Min. Distances after the 2nd attempt and 3rd attempts will NOT be measured.\*\*\*

**Shot Put:** Do not bring your own shot puts. Indiana Tech will be providing them.

**Long Jump:** Long Jump pit will be open for 90 minutes for each gender. Any jumpers in line at the 90 minutes will be allowed one last attempt. Each jumper will be assigned a number that they need to wear on the front of their uniform. There will be a 20 minute warm-up for each gender. It is recommended that each jumper get their marks before the 20 minute warm-up for the boys begins.

**Team Camps:** Space is limited inside the team camp area, so teams are encouraged to only bring those athletes that are competing or are alternates for a relay. Team camps will be on the turf field. No food or drinks are allowed on the turf field. Indiana Tech will provide a room for teams to store food and drinks. Athletes may eat and drink on the concrete portions of the facility. New Haven and Indiana Tech are not responsible for items lost or taken from team camps, so please have someone at your team camps at all times.

**Locker Rooms:** There will be no locker rooms but several Restrooms are located in the facility.

**Timing:** Finish Lynx Timing System will be used for all races.

**Spikes:** Your athletes will be allowed to wear spikes as long as they are **pyramid** and meet the following sizes: **1/4" or less**. Spikes will be checked at check-in for their events. Athletes will be disqualified if they have the wrong spikes in their shoes.

**Warm-ups:** Once the meet begins, all warm-ups will have to be completed outside or on the backstretch if the whole track is not being used for races.

**Blocks:** Will be provided by Indiana Tech. Do not bring your own blocks, they will not be allowed to be used.

**T-shirts:** Will be for sale from Running Around Screen Printing

**Concessions:** Will be for sale and ran by Indiana Tech

**Recommendations:** This meet is a qualifier meet for the HSR Finals. If you have athletes that you do not believe will meet the minimum distances or heights in the field events or will not be competitive in the distance races, it is recommended that you do not enter them in the meet.

**Busses:** Busses will use the entrance off Tillman and drop teams off by the main parking lot in front of the Doug Edgar Indoor Track & Field Facility. The entrance off Calhoun will be closed. Buses should not try to pull into the small parking lot to unload. Buses should then proceed to the Don Ross Golf Course parking lot to park or park in the Tillman Park parking lot. Those in small activity buses could drop off in the parking lot and then park in the softball parking lot, which is just west of the indoor facilities. **If you have any coaches not arriving with the team, you must email me their name(s) by Wednesday, March 5<sup>th</sup> or they will have to purchase a ticket to enter.**

**Parking:** Spectators should use the entrance off Tillman only and the entrance off Calhoun will be closed. Indiana Tech employees will be assisting with parking. Once the main parking lot is full, the left part of the road through Warrior Park will become parking spots. Additional parking is available at the Don Ross Golf Course which is west of Warrior Park off of South Calhoun. Those that park in the grass or in non-parking lots may have their vehicle towed at their cost. Spectators are allowed to bring chairs to sit in. Indiana Tech has some bleachers available along the main straightaway. For those coming for field events, there will be limited spaces available for spectators.

**Questions:** Please contact Larry Stemmler, [lstemmler@eacs.k12.in.us](mailto:lstemmler@eacs.k12.in.us) with any questions.