

**Midwest High Performance - HSR Qualifier**  
**Saturday March 22nd, 2025**  
**Indiana Tech Warrior Park – 377 E. Tillman Road, Ft. Wayne, IN 46807**

10:30 a.m. Fieldhouse Opens

11:45 a.m. Coaches Meeting

**Field Event Schedule:**

12:00 p.m. High Jump (girls then boys)

12:00 p.m. Shot Put girls (ring #1) 4 throw

12:00 p.m. Shot Put boys (ring #2) 4 throw

12:00 p.m. Long Jump (boys then girls) 4 jumps (open pit for 90min each gender)

12:00 p.m. Pole Vault (girls then boys)

**Running Event Schedule:**

(Girls first in each event, followed by the boys) we will follow a rolling schedule a more up to date schedule will be provided when seedings are sent out.

12:00 p.m.     3200 Meter Run  
                  60 Meter Hurdles – no finals  
                  60 Meter Dash – no finals  
                  4X800 Relay  
                  4X200 Relay  
                  DMR (1200, 400, 800, 1600)  
                  4X400 Relay

Entry Fee: \$200 per gender/\$400 bring both teams.

Make checks out to: Edgar Athletics

**Tickets:** \$10 - CASH ONLY

**Entries:** Will be done on Direct Athletics

Look for Midwest High Performance HSR

**2** individual per field event

**3** individuals per running event - exception is the 3200 Meter Run.

**3200 Meter Run – each school may enter 2 runners.**

**A school may enter 3 runners if all 3 runners are under 13:00 (girls) or 11:00 (boys)**

**Minimum Times for 3200 is has been set at 13:00 (GIRLS) and 11:00 (BOYS)**

**1** relay per school

Step 1 – Log on to [www.directathletics.com](http://www.directathletics.com)

Step 2 – Set up your online roster.

Step 3 – Submit online meet entries by Thursday March 20th @ 6:00 p.m.

Eight Athletes per relay (four compete), three athletes per running event, and two athletes per field event. Athletes and teams entered without times will

be placed in the slowest flight(s)/heat(s).

**Field Events:**

Athletes in the Long Jump and Shot Put will be given 4 attempts only. Athletes in the high jump and pole vault will compete until the event is done.

**Girls High Jump Starting Height – 4’ 6”, up 2” till 5’ 4” then 1” thereafter\***

**Boys High Jump Starting Height – 5’ 6” up 2” till 6’ 2” then 1” thereafter\***

**Girls Pole Vault Starting Height – 7’ 0” up 6” till 10’ 0” then 3” thereafter\***

**Boys Pole Vault Starting Height – 10’ 0” up 6” till 13’ 0” then 3” thereafter\***

Only use athletic tape or painter’s tape for marks on the floor. **NO CHALK!** Do not use any other tape for marks and remind your athletes to remove their tape marks when they are finished competing.

**Minimum:**

Min. Marked Distances for:

Long Jump: 14-0 (Girls)

18-0 (Boys)

Shot Put: 25 Ft. (Girls)

35 Ft. (Boys)

\*\*\*We will measure the 1st FAIR throw/jump...anything under the Min.

Distances after the 2nd attempt and 3rd attempts will NOT be measured.\*\*\*

Shot Put: Do not bring your shot puts. Midwest High Performance Staff will provide them.

**Spikes:**



**¼ SPIKES ONLY**

**Busses:**

Busses will use the entrance off Tillman and drop teams off by the main parking lot in front of the Doug Edgar Indoor Track & Field Facility. The entrance off Calhoun will be closed.

Buses should not try to pull into the small parking lot to unload. Buses should then proceed to the park in the Tillman Park parking lot. Those in small activity buses could drop off in the parking lot and then park in the softball parking lot, which is just west of the indoor facilities. If you have any coaches not arriving with the team, you must email [djedgar@indianatech.edu](mailto:djedgar@indianatech.edu) their name(s) by Monday, March 3rd or they will have to purchase a ticket to enter.

**Parking:**

Spectators should use the entrance off Tillman only and the entrance off Calhoun will be closed. Midwest High Performance Staff will be assisting with parking. Once the main parking lot is full, the left part of the road through Warrior Park will become parking spots. Additional parking is available at the Don Ross Golf Course which is west of Warrior Park off of South Calhoun. Those that park in the grass or in non-parking lots may have their vehicle towed at their cost.

Questions: Please contact Coug Edgar or JW Maierle

Doug Edgar: [djedgar@indianatech.edu](mailto:djedgar@indianatech.edu)

JW Maierle: [jtmaierle@indianatech.edu](mailto:jtmaierle@indianatech.edu)