

**Whiteland HSR Qualifier #1 (at UINDY)**  
**Friday, March 7th, 2025**  
**6:00 p.m. @ UINDY's Indoor Track**  
**(Estimated finish time will be 10:30)**

**Ticket Link (all tickets must be purchased online):**

**Team Area:**

Located outside of the track there is a large area that still has turf (approximately 50 yards in length and 20 yards wide). All teams will camp in this area which will leave almost the entire infield open for warm-ups.

**General Info:**

- Starting blocks will be provided by UNIDY (Please do not bring your own starting blocks).
- All shot puts will be provided for this meet (outside shots will **not** be allowed during this competition)
- ¼ inch Pyramid spikes only (**Please no Christmas Tree spikes**)

**Entry Fee:**

Cost is \$175.00 per team or \$350.00 for boys and girls combined. Make checks payable to **Whiteland Athletics** and send them to:

David Edens (Athletic Director)  
Whiteland Community High School  
300 Main Street  
Whiteland, IN 46184

**\* Do not send payment to the University of Indianapolis!**

Teams will be decided on a first come, first serve basis. After you have email or phone confirmation on being added to the meet you will need to send the contract and payment ASAP. If contract and payment are not received by February 12th we will add any teams that are on the "wait" list.

**Entries:**

Entries are to be made through [www.directathletics.com](http://www.directathletics.com). Entries must be submitted by Wednesday, March 5th at 8:00 p.m.. You may enter up to 8 athletes per relay (4 will compete) and 2 individuals for individual events. Heat and flight sheets will be emailed out as soon as they are completed (most likely not until the afternoon on Friday). **Please make your entries as accurate as possible. This is very helpful to the timer at the beginning of the meet!**

**Scratches:**

Please do your best to make sure your entries are correct. The more changes we have to make on the day of the meet the less likely we will start on time and it increases the chances of mistakes in the timing. We will have scratch sheets available upon arrival (and please take care of this ASAP).

**Order of running events: (Girls followed by Boys)**

60 Meter Hurdle Prelims  
60 Meter Dash Prelims  
3200 Meter Run  
60 Meter Hurdle Finals (Top 8 athletes)  
60 Meter Dash Finals (Top 8 athletes)  
4 x 800 Meter Relay  
4 x 200 Meter Relay  
Distance Medley Relay (1200,400,800,1600)  
4 x 400 Meter Relay

**Field Events:**

**Pole Vault-** Boys and girls will jump simultaneously on separate pits.

**High Jump-** Girls first with boys to follow.

**Shot Put-** Boys first, followed by girls (top 9 athletes will make finals)

**Long Jump-** Boys and girls will jump at the same time into different pits. Each flight of jumpers will be given 45 minutes to complete their 3 jumps. The time schedule for long jump is as follows:

5:00 - 5:50= Open warm-up for all jumpers

5:50 - 6:00= First flight warm-ups only

6:00 - 6:45= 1st flight

6:45- 7:00= 2nd flight warm-up only

7:00 - 7:45= 2nd flight

7:45 - 8:00= 3rd flight warm=up

8:00 - 8:45= 3rd flight

8:45- 9:00= Last chance jumps (for anyone that has not completed all of their jumps)

Note: Any girls jumping over 14' will get 3 extra jumps, boys jumping over 19' will get 3 extra jumps. Jumpers hitting these marks can take these extra 3 jumps at any point during the competition.

**Opening Heights:**

\* Note- this is a qualifying meet for the HSR. Opening heights are set to help those athletes trying to achieve the qualifying marks. If you know that your athletes do not have a chance to clear the opening heights please do not enter them into this meet!

Pole Vault:      Girls 7-0 with 6" increments to 9' and 3" increments after  
                         Boys 10-0 with 6" increments to 13' and 3" increments after

High Jump:      Girls 4' 4" with 2" increments to 5' (1" increments above 5')  
                         Boys 5' 4" with 2" increments to 6' (1" increments above 6')

**Distance Races:**

We will have a split sheet for all distance coaches to fill out to help avoid an error in timing (or kids not running enough laps). Please be sure to have one of your coaches counting laps for the distance runners and relays teams. All split sheets will be turned in at the timing table at the conclusion of the event.

Hoosier State Relays Finals information is available on the [www.iatccc.org](http://www.iatccc.org) website.

If you have any questions please feel free to call or email Brandon Bangel. My cell phone number is (317) 345-3247 and email is [bbangel@cpcsc.k12.in.us](mailto:bbangel@cpcsc.k12.in.us).