

# Time Schedule-2026 HSR

Note: Time schedule is approximate. If we get ahead, the meet will be on a rolling schedule.

| Large School |           | Event   | Small School |      |
|--------------|-----------|---|--------------|------|
| 8:30         |           | Girl's Pole Vault (Boys will follow)                  |              | 3:00 |
| 9:00         |           | Boy's & Girl's Long Jump                              |              | 3:30 |
|              |           | Girl's Shot ( Boy's will follow)                      |              |      |
| 9:00         | (3 heats) | Girl's 60 hurdles Trials                              | (3 heats)    | 3:30 |
| 9:15         | (3 heats) | Boy's 60m.hurdles Trials                              | (3 heats)    | 3:45 |
| 9:25         | (3 heats) | Girl's 60m. Trails                                    | (3 heats)    | 3:55 |
| 9:35         | (3 heats) | Boy's 60 m. Trials                                    | (3 heats)    | 4:05 |
| 9:45         | (1 sec.)  | Girl's 3200m. Run                                     | (1 sec.)     | 4:15 |
| 10:00        | (1 sec.)  | Boy's 3200m. Run                                      | (1 sec.)     | 4:30 |
| 10:20        |           | Girl's 60m hurdle Final                               |              | 4:50 |
| 10:30        |           | Boy's 60m hurdles Final                               |              | 5:00 |
| 10:40        |           | Girl's 60m Final                                      |              | 5:10 |
| 10:45        |           | Boy's 60m. Final                                      |              | 5:15 |
| 10:50        | (2 sec.)  | Girl's 4 x 800 Relay                                  | (2 sec.)     | 5:20 |
| 11:20        |           | Girl's/ Boy's High Jump (or when 60m finals are over) |              | 5:50 |
| 11:20        | (2 sec.)  | Boy's 4 x 800 Relay                                   | (2 sec.)     | 5:50 |
| 11:45        | (4 sec.)  | Girl's 4 x 200 relay                                  | (4 sec.)     | 6:15 |
| 12:05        | (4 sec.)  | Boy's 4 x 200 relay                                   | (4 sec.)     | 6:35 |
| 12:25        | (2 sec.)  | Girl's DMR  | (2 sec.)     | 6:55 |
| 12:55        | (2 sec.)  | Boy's DMR   | (2 sec.)     | 7:25 |
| 1:25         | (4 sec.)  | Girl's 4 x 400 relay                                  | (4 sec.)     | 7:55 |
| 1:50         | (4 sec.)  | Boy's 4 x 400 relay                                   | (4 sec.)     | 8:20 |
| 2:20         |           | Girl's Team Awards                                    |              | 8:40 |
| 2:25         |           | Boy's Team Awards                                     |              | 8:45 |