

# Trine University Track & Field

## HSR Qualifier #1

***Monday, March 9, 2025***

ARC opens at 3:00 PM

Coaches meeting at 5:00 PM

Meet starts at 5:30 PM

### General Admission

\$10

### Entry Procedures

**TEAM MUST BE ACCEPTED TO THIS MEET. IF YOU WISH TO ATTEND, please contact Ben Markison at [Markisonb@Trine.edu](mailto:Markisonb@Trine.edu)**

Once accepted, you will receive an invitation on directathletics.com.

ABSOLUTELY NO WALK UP OR SAME DAY REGISTRATION!

All entries must be submitted to Direct Athletics by Monday at 10:00 AM

**Heat sheets will be available at [trine.edu](http://trine.edu) by 2:00 PM on Monday**

Up to **three** individual entries from the same team per event

Up to **two** relay entries from the same team per event

### Team Entry Fees

\$20 Individual athletes

\$80 Relay (only if you plan to just run a relay)

\$200 Per team

\$400 Both teams

### ***Make checks payable to***

Trine University

Attn: Ben Markison, Track & Field

One University Ave

Angola, IN 46703

**\*PLEASE DO NOT SEND OR MAKE CHECK TO ANGOLA HIGH SCHOOL**

\*CONTRACTS ARE AVAILABLE AT TRINE.EDU <https://www.trinethunder.com/sports/mtrack/hsmeets>

\*PLEASE HAVE CONTRACT AND PAYMENT SEND AT LEAST ONE WEEK PRIOR TO ENTRY DEADLINE

\*IF THE CONTRACT AND PAYMENT ARE NOT RECEIVED PRIOR TO THE MEET YOUR TEAM WILL BE OMITTED FROM COMPETITION.

### **Field Event Schedule**

5:30 PM Boys Shot Put (Girls to follow) \*All legal marks will be measured \*4 attempts-no finals  
5:30 PM Girls High Jump (Boys to follow)  
5:30 PM Boys Long Jump (Girls to follow) \*1 hour open pit per gender \*4 attempts-no finals  
5:30 PM Girls Pole Vault (Boys to follow)

### **Running Event Schedule**

(Girls will compete 1st in all running events. We will use a rolling time schedule.)

5:30 PM 3200m Run  
60m Hurdle finals  
60m Dash finals  
4x 800m Relay  
4x 200m Relay  
DMR (1200, 400, 800, 1600)  
4x400m Relay

### **Scratches**

Upon arrival, they can be made to the head timer at the finish line. Name changes will be made at this time.

### **Opening Heights & Increments**

Pole Vault 7'0" girls (6" increments until 9'6", then 3")  
10'0" boys (6" increments until 12'6", then 3")  
  
High Jump 4'6" girls (2" increments until 5'0", then 1")  
5'6" boys (2" increments until 6'0", then 1")

**\*Concessions & T-shirts will be available to purchase.**

**\*1/4 inch pyramid spikes will be allowed**

**\*Starting blocks will be provided by Trine University and no outside blocks will be permitted.**

**\*Shots will need to be weighed in upon arrival at the competition site.**

**\*NO FOOD OR DRINK allowed in the ARC – only water.**

**\*Team camps will be in the infield of the track.**

**\*No spikes are to be worn outside of the track (ARC) surface.**

### **Questions?**

Please contact Ben Markison at [Markisonb@Trine.edu](mailto:Markisonb@Trine.edu)